AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

AUTUMN/WINTER 2026

FRESH! NUTRITIOUS

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	**Cheese and Tomato Pizza** with Pasta Salad	**IOW Pork Sausages** with Mashed Potato and Gravy	**Roast Chicken** with Roast Potatoes, Stuffing and Gravy	**Lasagne** with a Garlic Doughball	**Fish Fingers** with Chips
OPTION 2	**Creamy Garlic Pasta**	**Sweet Potato & Lentil Curry** with Wholegrain Rice	**Cheese and Onion Pie** with Roast Potatoes	**Vegan Meatball Baguette** with Potato Wedges	**Quorn Dippers** with Chips
OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta
DESSERT	**Lemon Cookie**	**Apple Crumble** Served with Custard	**Chocolate Marble Cake**	**Chocolate Ice Cream**	**Yoghurt and Fruit**

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

TASTY

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping

FRUITY!

WEEK 1
WEEK 2
WEEK 3

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_183_022440

COM2904.002 Chartwell Primary New Menu A3 Template_Week 1-4_3 Choice_AW.indd 1 20/05/2026 17:02

AUTUMN/ WINTER 2026

FRESH! NUTRITIOUS

Chartwells Schools

HOT DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	**Cheese and Tomato Pizza** with Pasta Salad (V)	**IOW Beef Burger in a Bun** with Potato Wedges	**Roast Pork** with Roast Potatoes, Stuffing and Gravy	**Chilli Mac and Cheese**	**Fish Fingers** with Chips
OPTION 2	**Spicy Tomato Pasta Bake** with a Garlic Doughball (V)	**Chinese Vegetable Rice** (V)	**Roast BBQ Quorn** with Roast Potatoes, Stuffing and Gravy (V)	**Beany Pasta Bake** (V)	**Quorn Dippers** with Chips (VE)
OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta (V)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta (V)

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

TASTY

DESSERT	**Chocolate Cookie** (VE)	**Apple and Berry Crumble** Served with Custard	**Chocolate Fudge Cake**	**Strawberry Ice Cream**	**Yoghurt and Fruit**

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

FRUITY!

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_183_022440

COM2904.002 Chartwell Primary New Menu A3 Template_Week 1-4_3 Choice_AW.indd 1 20/05/2026 17:02

AUTUMN/WINTER 2026

FRESH! NUTRITIOUS

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	**Cheese and Tomato Pizza** with Pasta Salad	**Homemade Sausage Roll** with Herby Diced Potatoes	**Roast Chicken** with Roast Potatoes, Stuffing and Gravy	**Beef Bolognese** with Wholewheat Pasta	**Fish Fingers** with Chips
OPTION 2	**Red Pepper and Pesto Spaghetti**	**Cheesy Bean Burrito** with Wholegrain Rice	**Sweet Potato and Chickpea Roast** with Stuffing and Gravy	**Macaroni Cheese**	**Quorn Dippers** with Chips
OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta	**Tomato Pasta** Fresh, homemade Tomato Sauce with Wholewheat Pasta
DESSERT	**Oat Cookie** with Fruit	**Chocolate Sponge** Served with Chocolate Custard	**Chewy Muesli Fruit Bar**	**Vanilla Ice Cream**	**Yoghurt and Fruit**

TASTY

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

FRUITY!

WEEK 1
WEEK 2
WEEK 3

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping

V Vegetarian VE Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_183_022440

COM2904.002 Chartwell Primary New Menu A3 Template_Week 1-4_3 Choice_AW.indd 1 20/05/2026 17:02